# IN ROCKLAND COUNTY

#### **Girls**

Dual meet Results are used, plus:

Manhattan, Leagues, Coaches, Counties, Sections, States, Federations, National's, & other Invitational's

We can only go by the results I have received. You can always send your results in.

### (Top 25 Runners)

Week of November 30th

No Change – NC, Up - U, Down - D, Honorable Mention – HM, Not Listed

### (1) Katelyn Tuohy (NR) JR

Weeks in top 25: Pre Season - 1st, 10/6 NC,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist	. Race/Plac	e Time	Place
9/7/18 9/15/18	Red Raider Run	3M	V. /1st	18:43.90	Bear Mountain Park, NY
9/22/18 9/29/18	Ocean State Invitational	5K	V./1st	16:06.87	Goddard Park, RI
10/6/18	<b>New Balance Shore Coaches</b>	5K'	V.A/1st	16:21.00	Holmdel Park, NY

## (2) Mary Borkoski (PR) SR

Weeks in top 25: Pre Season - 3rd, 10/6 U,

Date	Meet	Dist.	Race/Plac	e Time	Place
9/918 9/15/18 9/22/18 9/29/18 10/5/18	Luke Parlatore Invitational Briarwood Invitational Bob Pratt Invitational Wild Safari Invitational Scarsdale Invitational	3M 5K 5K 5K 5K	V./1st V./1st V.B/1st V.D/1st V./1st	18:10.00 19:12.00 18:55.71 17:54.00 18:19.90	Staten Island, NY Philadelphia. PA Sunken Meadows, NY Six Flags, Jackson, NJ Croton Point Park, NY

### (3) Mary Hennelly (SUFF) JR

Weeks in top 25: Pre Season - 2nd, 10/6 D,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Place	e Time	Place
9/7/18	Washingtonville Invitational	5K	V. /1st	18:01.90	Washingtonville, NY Bear Mountain Park, NY Goddard Park, RI Six Flags, Jackson, NJ Sunken Meadows Park, NY
9/15/18	Suffern Invitational	3M	V.A/1st	18:11.20	
9/22/18	Ocean State Invitational	5K	V. D2/1st	18:33.40	
9/29/18	Wild Safari Invitational	5K	V.A/2nd	18:36.00	
10/5/18	St. Anthony's Invitational	5K	V./1st	18:54.35	

### (4) Haleigh Morles (NR) JR

Weeks in top 25: Pre Season - 7th, 10/6 U,

Date	Meet	Dist.	Race/Place	Time	Place
9/8/18 9/15/18	Red Raider Run	3M	V. /2nd	18:53.90	Bear Mountain Park, NY
9/22/18 9/29/18	Ocean State Invitational	5K	V./4th	18:30.59	Goddard Park, RI
10/6/18	<b>New Balance Shore Coaches</b>	5K	V.A/5th	19:09.00	Holmdel Park, NJ

### (5) Una Boylan (PR) FR

Weeks in top 25: Pre Season - 17th, 10/6 U,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Plac	e Time	Place
9/8/18 9/15/18 9/22/18 9/29/18 10/5/18	Luke Parlatore Invitational Briarwood Invitational Bob Pratt Invitational Wild Safari Invitational Scarsdale Invitational	5K 5K 5K 5K	FR./1st V./2nd V.B/3rd V.D/2nd V./3rd	8:46.00 19:59.00 19:58.31 18:46.00 19:07.90	Staten Island, NY Philadelphia, PA Sinken Meadows, NY Six Flags, Jackson, NJ Croton Point Park, NY

### (6) Alex. Thomas (TZ) SR

Weeks in top 25: Pre Season - 4th, 10/6 D,

Date Meet	Dis	t. Race/Place	e Time	Place
9/8/18 CHSAA Prac 9/15/18 Suffern Invit 9/22/18	123		18:45.60	Bear Mountain Park, NY
9/29/18 <b>Paul Short R</b>	Sun 5K s Invitational 5K		18:32.00 19:27.34	Bethlehem, PA. Sunken Meadows Park, NY

### (7) Niamh Durcan (PR) SOPH

Weeks in top 25: Pre Season - 6th, 10/6 D,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Plac	e Time	Place
9/7/18 9/15/18 9/22/18 9/29/18 10/5/18	Luke Parlatore Invitational Briarwood Invitational Bob Pratt Invitational Wild Safari Invitational Scarsdale Invitational	3M 5K 5K 5K 5K	V./2nd V./5th V. B/5th V.D/6th V./5th	18:10.00 20:58.00 20:21.15 19:46.00 19:17.20	Staten Island, NY Philedelphia, PA Sunken Meadows, NY Six Flags, Jackson, NJ Croton Point Park, NY

### (8) Ciara Durcan (PR) SOPH

Weeks in top 25: Pre Season - 10th, 10/6 U,

Date	Meet	Dist.	Race/Place	Time	Place
9/7/18 9/15/18 9/22/18 9/29/18 10/5/18	Luke Parlatore Invitational Briarwood Invitational Bob Pratt Invitational Wild Safari Invitational Scarsdale Invitational	3M 5K 5K 5K 5K	V./5th V./4th V.B/9th V.D/5th	19:20.00 20:39.00 20:37.83 19:39.00	Staten Island, NY Philadelphia, PA Sunken Meadows, NY Six Flags, Jackson, NJ

### (9) Kyra Guerci (NAN) SR

Weeks in top 25: Pre Season - 10th, 10/6 D,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Place	e Time	Place
9/8/18 9/15/18 9/22/18 9/29/18	Somers Big Red Invitational Suffern Invitational Bob Pratt Invitational Wild Safari Invitational	5K 3M 5K 5K	V.2/8th V.A /5th V. B/14th	20:29.70 19:26.30 21:15.29	Somers HS, Somers, NY Bear Mountain Park, NY Sunken Meadows, NY Six Flags, Jackson, NJ

### (10) Tori Fears (TZ) SR

Weeks in top 25: Pre Season - 8th, 10/6 D,

Date	Meet	Dist	. Race/Plac	ce Time	Place
9/7/18 9/15/18 9/22/18	CHSAA Practice Meet Suffern Invitational	4K 3M	V.C /6th	20:08.40	Bear Mountain Park, NY
9/29/18 10/6/18	Paul Short Run St. Anthony's Invitational	5K 5K	V.Br./47th V.1/17th	20:06.00 20:32.18	Bethlehem, PA. Sunken Meadows Park, NY

### (1 1) Brooke Hirch (SUFF) FR

Weeks in top 25: Pre Season - 24th, 10/6 U,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Plac	e Time	Place
9/7/18	Washingtonville Invitational	5K	V./11th	20:31.37	Washingtonville, NY Bear Mountain Park, NY Goddard Park, RI Six Flags, Jackson, NJ Sunken Meadows Park, NY
9/15/18	Suffern Invitational	3M	V.A/10th	20:10.10	
9/22/18	Ocean State Invitational	5K	V. D2/49th	20:55.90	
9/29/18	Wild Safari Invitational	5K	V.A/9th	20:16.00	
10/5/18	St. Anthony's Invitational	5K	V./33rd	21:06.40	

### (12) J. McDermott (PR) SR

Weeks in top 25: Pre Season - 12th, 10/6 UC,

Date	Meet	Dist. I	Race/Place	Time	Place
9/7/18 9/15/18 9/22/18 9/29/18 10/5/18	Luke Parlatore Invitational Briarwood Invitational Bob Pratt Invitational Wild Safari Invitational Scarsdale Invitational	3M 5K 5K 5K 5K	V./6th V./8th V.B/19th V.D/18th	19:44.00 21:46.00 21:29.61 20:33.00	Staten Island, NY Philadelphia, PA Sunken Meadows, NY Six Flags, Jackson, NJ

### (13) Cath. Ruffino (NR) JR

Weeks in top 25: Pre Season - 13th, 10/6 UC,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Plac	e Time	Place
9/7/18 9/15/18	Red Raider Run	3M	V. /3rd	19:57.80	Bear Mountain Park, NY
9/22/18 9/29/18	Ocean State Invitational	5K	V./9th	20:10.93	Goddard Park, RI
10/6/18	<b>New Balance Shore Coaches</b>	5K	V.A/21st	20:08.00	Holmdel, NJ

### (14) B. Pezzementi (NR) SOPH

Weeks in top 25: Pre Season - 5th, 10/6 D,

Date	Meet	Dist. R	Race/Place	Time	Place
9/7/18 9/15/18	Red Raider Run	3M	V. /5th	20:35.90	Bear Mountain Park, NY
9/22/18 9/29/18	Ocean State Invitational	5K	V./36th	21:47.15	Goddard Park, RI
10/6/18	<b>New Balance Shore Coaches</b>	5K	V.A/55th	21:09.00	Holmdel, NJ

### (15) Sarah Hayes (PR) SR

Weeks in top 25: Not Listed, 10/6 U,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Plac	e Time	Place
9/7/18 9/15/18 9/22/18 9/29/18 10/5/18	Luke Parlatore Invitational Briarwood Invitational Bob Pratt Invitational Wild Safari Invitational Scarsdale Invitational	3M 5K 5K 5K 5K	V./10th JV.B/ V.D/24th V./23rd	22:16.00 22:06.44 20:46.00 21:12.60	Staten Island, NY Philadelphia, PA Sunken Meadows, NY Six Flags, Jackson, NJ Croton Point Park, NY

### (16) Deirdre Young (SUFF) JR

Weeks in top 25: Pre Season - 15th, 10/6 D,

Date	Meet	Dist	. Race/Plac	e Time	Place
9/8/18 9/15/18 9/22/18 9/29/18 10/5/18	Washingtonville Invitational Suffern Invitational Ocean State Invitational Wild Safari Invitational St. Anthony's Invitational	5K 3M 5K 5K 5K	V.A /32nd V. D2/40th V.A/15th V.1/44th	21:35.10 20:43.00 20:51.00 21:34.32	Bear Mountain Park, NY Goddard Park, RI Six Flags , Jackson, NJ Sunken Meadows Park, NY

### (17) Maddy Roth (TZ) SR

Weeks in top 25: Pre Season - 11th, 10/6 D,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Place	Time	Place
9/8/18 9/15/18 9/22/18 9/29/18 10/6/18	CHSAA Practice Meet Suffern Invitational Paul Short Run St. Anthony's Invitational	5K 5K	V.C /22nd V.Br./156th V.1/67th	21:38.70 21:36.00 22:10.05	Bear Mountain Park, NY Bethlehem, PA. Sunken Meadows Park, NY

### (18) Catie Horan (PR) FR

Weeks in top 25: Pre Season - 18th, 10/6 UC,

Date	Meet	Dist	. Race/Plac	e Time	Place
9/7/18 9/15/18 9/22/18 9/29/18 10/5/18	Luke Parlatore Invitational Briarwood Invitational Bob Pratt Invitational Wild Safari Invitational Scarsdale Invitational	3K 5K 5K 5K	FR./3rd FR./4th V.B/42nd JV.C/1st V./12th	9:46.00 12:22.00 22:38.53 20:59.00 20:36.40	Staten Island, NY Philadelphia, PA Sunken Meadows, NY Six Flags, Jackson, NJ Croton Point Park, NY

### (19) Rachel Keller (NR) SOPH

Weeks in top 25: Pre Season - 21st, 10/6 U,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dis	t. Race/Plac	e Time	Place
9/7/18 9/15/18	Red Raider Run	3M	V. /4th	20:15.10	Bear Mountain Park, NY
9/22/18 9/29/18	Ocean State Invitational	5K	V./14th	20:25.92	Goddard Park, RI
10/6/18	<b>New Balance Shore Coaches</b>	5K	V.A/33rd	20:31.00	Holmdel, NJ

### (20) Alex Tomasello (TZ) FR

Weeks in top 25: Pre Season - 19th, 10/6 D,

Date	Meet	Dist.	Race/Place	Time	Place
9/8/18	CHSAA Practice Meet	4K	V./6th	17:46.69	Van Cortlandt Park, NY
9/15/18 9/22/18					
9/29/18	Paul Short Run	5K	V.Br./115th	21:04.00	Bethlehem, PA.
10/6/18	St. Anthony's Invitational	5K	V.1/51st	21:41.77	Sunken Meadows Park, NY

### (21) Molly McCormack (PR) SR

Weeks in top 25: Pre Season - Not Listed, 10/6 D,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Place	e Time	Place
9/8/18 9/15/18 9/22/18 9/29/18 10/5/18	Briarwood Invitational Bob Pratt Invitational Wild Safari Invitational Scarsdale Invitational	5K 5K 5K 5K	V./13th V. B/38th V.D/26th V./19th	22:29.00 22:25.75 21:05.00 21:06.20	Philadelphia, PA Sunken Meadows, NY Six Flags, Jackson, NJ Croton Point Park, NY

### (22) Olivia Flynn (PR) JR

Weeks in top 25: Pre Season - 22nd, 10/6 UC,

Date	Meet	Dist.	Race/Plac	e Time	Place
9/7/18 9/15/18 9/22/18 9/29/18 10/5/18	Luke Parlatore Invitational Briarwood Invitational Bob Pratt Invitational Wild Safari Invitational Scarsdale Invitational	3M 5K 5K 5K 5K	JV./1st JV./26th JV.B/2nd JV.C/3rd JV./1st	21:03.00 25:22.00 22:58.73 21:53.00 21:24.50	Staten Island, NY Philadelphia, PA Sunken Meadows, NY Six Flags, Jackson, NJ Croton Point Park, NY

### (23) Julia Fears (TZ) SR

Weeks in top 25: Pre Season - Not Listed, 10/6 U,

#### **Dual Meet Results (He Beat):**

Date	Meet	Dist.	Race/Plac	e Time	Place
9/8/18 9/15/18 9/22/18	CHSAA Practice Meet Suffern Invitational	4K 3M	V./4th V.C /15th	17:26.21 21:15.20	Van Cortlandt Park, NY Bear Mountain Park, NY
9/29/18 10/6/18	Paul Short Run St. Anthony's Invitational	5K 5K	V.Br./95th V.1/53rd	20:52.00 21:42.77	Bethlehem, PA. Sunken Meadow Park, NY

### (24) Gabby Shea (TZ) JR

Weeks in top 25: Pre Season - Not Listed, 10/6 U,

Date	Meet	Dist.	Race/Plac	e Time	Place
9/8/18 9/15/18 9/22/18	CHSAA Practice Meet Suffern Invitational	4K 3M	V./5th V.C/20th	17:37.66 21:39.80	Van Cortlandt Park, NY Bear Mountain Park, NY
9/29/18 10/6/18	Paul Short Run St. Anthony's Invitational	5K 5K	V.1/41st	21:31.63	Bethlehem, PA. Sunken Meadows Park, NY

### (25) Rebecca Mitlof (CN) SR

Weeks in top 25: Pre Season - Not Listed, 10/6 U,

Date	e Meet	Dist.	Race/Plac	e Time	Place
9/7/18 9/15/18 9/22/18	Red Raider Run Suffern Invitational	3M 3M	V. /7th V. B/30th	21:50.40 21:57.80	Bear Mountain Park, NY Bear Mountain Park, NY
9/29/18 10/6/18	St. Anthony's Invitational	5K	V.1/73rd	22:24.81	Sunken Meadows Park, NY